



miessence® skin profiles

Miessence® products are designed around four different skin profiles. You may find you'll want to mix-and-match different products from different profiles to perfectly suit your skin, which is fine! By browsing through the profiles below you can ascertain which one you feel is most compatible with your skin right now.

Balancing

Normal combination profile
Even skin tone

- fine to average pore size
- some enlarged pores
- some T-zone oiliness
- occasional breakouts
- some blackheads

Some herbs used:

- Organic Calendula:** soothes, heals, restores
- Organic Chamomile:** antimicrobial, calms, soothes
- Organic Marshmallow:** softens, revitalises, emollient, hydrates
- Organic Olive Leaf:** repairs, tones, firms, antioxidant
- Organic St Johns Wort:** moisturises, astringent, refreshes, tones
- Organic Lavender:** soothes, relaxes, regenerates
- Organic Rosehip Seed:** regenerates, moisturises, heals



Rejuvenating

dry mature profile
loss of elasticity

- varying pore size
- some dry patches
- no sheen/dull complexion
- can feel tight and dry
- may have surface capillaries

Some herbs used:

- Organic Gotu Kola:** anti-wrinkle, anti-aging, heals
- Organic Hops:** stimulates, tones, dark circle treatment
- Organic Horsetail:** stimulates, tones, firms, anti-free radical
- Organic Nettle:** circulation enhancer, anti-inflammatory, astringent
- Organic Geranium:** tones, softens, soothes, balances
- Moroccan Rose:** anti-wrinkle, regenerates
- Organic Avocado:** moisturises, nourishes, softens
- Organic Rosehip Seed:** regenerates, moisturises, heals



Purifying

oily problem profile
oily sheen

- breakouts/blemishes
- congestion/clogging
- open pores
- blackheads
- redness

Some herbs used:

- Organic Burdock:** astringent, softens, soothes, purifies
- Organic Echinacea:** purifies, stimulates, calms
- Organic Nettle:** anti-inflammatory, astringent, strengthening
- Organic Plantain:** astringent, soothing, healing
- Organic Witch Hazel:** draining, astringent, anti-free radical, protective
- Organic Tea Tree:** astringent, regulates, repairs
- Organic Lemon Myrtle:** astringent, antibacterial, repairs
- Organic Jojoba:** nourishes, moisturises, anti-free radical



Soothing

sensitive profile
may have surface capillaries

- can feel irritated, itchy and hot
- can appear blotchy
- may have flaky patches
- allergic reactions common
- flushed and red easily

Some herbs used:

- Organic Chamomile:** antimicrobial, calms, soothes
- Organic Horsechestnut:** decongests, drains broken capillaries, strengthens
- Organic St Johns Wort:** moisturises, astringent, refreshes, tones
- Organic Witch Hazel:** drains, astringent, anti-free radical, protects
- Carrot Seed:** regenerates, tones, heals
- German Chamomile:** anti-bacterial, wound-healing, painrelieving
- Organic Rosehip Seed:** regenerates, moisturises, heals

